

West Point, ROTC cadets shadow 3BCT

Story and photos by
STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — U.S. Military Academy and Reserve Officer Training Corps cadets received a taste of big Army life as more than a dozen cadets trained with the 3rd Brigade Combat Team, “Broncos,” 25th Infantry Division, this month.

The Cadet Troop Leadership Training, or the CTLT program, is a leader development initiative to help develop, retain and ultimately commission quality ROTC cadets as second lieutenants.

The intent of this mentorship opportunity is for cadets to shadow and learn from currently serving platoon leaders.

The cadets were divided up amongst battalions within the Bronco Brigade depending on their occupational specialty.

The 3rd Squadron, 4th Cavalry Regiment, “Raiders,” 3rd BCT, 25th ID, hosted two cadets for the brigade.

Cadet Jeanphilippe Rossy, a native of Fort Lauderdale, Florida, and an ROTC cadet from the University of North Georgia, was one of the two cadets sent to the Raiders.

“Training with the Army has been a great experience,” Rossy said. “I like the discipline atmosphere (and) having a training schedule. ... Everyone is working together as a team.”

CTLT gave Rossy the chance to understand much more about the Army than he ever could from ROTC.

“I’ve learned a lot beyond duty station. There’s a lot as a platoon leader, many obstacles to conquer, a lot to manage, and accountability of equipment as well,” he said. “The greatest challenge for me was probably shooting at the night range, doing the team live fire and the stress shoot.”

For the other cadet assigned to the Raiders, Cadet Scott Kerchberger, a native of Deer Park, Illinois, and an ROTC cadet from the Virginia Military Institute (VMI), he said he’s had a great experience so far.

“I’ve had a lot of good experiences getting to see what bigger Army is like and what different units are like rather than my little hometown ROTC unit,” Kerchberger said.

He stated he had performed night stress shoots while using night vision goggles with Rossy, and performed rappels with full combat load at the Lightning Academy’s rappel tower in East Range.

His time at Schofield Barracks broke the monotony of barracks life at VMI.

“I think the biggest change for me, so far, is getting to live outside of the barracks,” he said. “In VMI, we’re stuck (at) them all four years, (but) I get to stay off post and come into work every morning. It’s a pretty good deal.”

He said he was looking forward to his slated branch with armored infantry in October.

It wasn’t just the Raiders who received the opportunity for cadets to learn the lessons of Army life. The 2nd Battalion, 27th Inf. Regt., “Wolfhounds,” also hosted sev-



Sgt. Martin Bushay (left) and Spc. Christian Mora-Galvez, both assigned to 3-4th Cav. Regt., 3rd BCT, 25th ID, conduct a rappel at the Lightning Academy at East Range, July 6.



Personnel attending this year’s 25th ID CTLT at Schofield Barracks shadow their sponsors for a month. Cadets come from various universities and academies.



eral cadets for the 3rd BCT.

For Cadet Matthew Farrell, a native of Potomac, Maryland, and an ROTC cadet

from Tulane University, his experience was described as fantastic.

“I’ve learned all the jobs of the NCOs,



Cadet Jeanphilippe Rossy, a ROTC cadet from the University of North Georgia, conducts a rappel at the Lightning Academy on East Range, July 6.

Left — A sign describes how to perform the proper rappel stance at the Lightning Academy Rappel Tower on East Range, July 6.

the junior enlisted and platoon leaders,” Farrell said. “They’ve really integrated me in as one of their own, and I’ve really (gained) a perspective on how I want to develop my leadership style. I love it here.”



-Cadet Ronald Mais
-Fort Valley State University, Georgia
-Assigned with 2nd Bn., 27th Inf. Regt., 3BCT



-Cadet Jeanphilippe Rossy
-University of North Georgia
-Assigned with 3-4th Cav. Regt., 3BCT



-Cadet Scott Kerchberger
-Virginia Military Institute
-Assigned with 3-4th Cav. Regt., 3BCT



-Cadet Matthew Farrell
-Tulane University, New Orleans, Louisiana
-Assigned with 2nd Bn., 27th Inf. Regt., 3BCT



-Cadet Benjamin Stanger
-Jacksonville State University, Alabama
-Assigned with 2nd Bn., 27th Inf. Regt., 3BCT

ROTC and Green to Gold Information for Soldiers and Applicants

UH ROTC — Do you want to become an Army officer? The University of Hawaii conducts briefings on the last Thursday of every month from 11:30 a.m. to 1 p.m. at the Tripler Army Medical Center Education Center. It’s a great opportunity for Soldiers/ personnel to get firsthand details on ROTC scholarships and how the program operates. Contact William Roach at 956-7766 or David Sullivan at 956-7744.

Scholarships — Get “Green to Gold” and ROTC Hip Pocket Scholarships info. Go to the Cadet Command at www.goarmy.com/rotc/enlisted_soldiers.jsp. Apply to the school’s ROTC. Once confirmed, initiate a 4187 through your chain of command brigade S1 and/or apply online.

Green to Gold — The U.S. Army Cadet Command (ROTC) has changed

the application dates for the upcoming Green 2 Gold Selection Board.

Soldiers who are applying for scholarship or active duty options for the fall of 2018 must submit applications now.

Soldiers can create a new application at www.goarmy.com/rotc/enlisted-soldiers as of this date.

•Nov. 26: *Deadline for Green 2 Gold Packets.* All applications and required documentation must be uploaded to

the application dashboard by this date.

•Dec. 11-15: *Green 2 Gold Selection Board* is held.

If you have questions, contact the following personnel:

•William Roach, Recruiting Operations Officer, University of Hawaii-Manoa Army ROTC, at (808) 956-7766.

•David Sullivan, Enrollment Eligibility Officer, University of Hawaii-Manoa Army ROTC, at (808) 956-7744.



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Registering firearms is a must

SGT. 1ST CLASS MIGUEL ESPINOZA
Directorate of Emergency Services

With all the stresses of arriving to a new duty station – in-processing, unpacking, enrolling children in child care and schools – sometimes the other important aspects, such as registering pets, vehicles and weapons, slip through the cracks.

We would like to remind the community that weapons registration is mandatory when living in Hawaii with both the state and the installation.

Here are the steps to register your privately owned weapon while stationed in Hawaii.

- Weapons must be registered whether they are serviceable, unserviceable, usable or unusable, modern or antique.

- Firearms will be registered within five calendar days of the person arriving or of the firearm arriving which ever arrives later at the Honolulu Police Department Records and Identification Division, Firearms Section located at 804 South Beretania St., Honolulu, Hawaii 96813.

- The transportation of unregistered firearms is prohibited except for the purpose of

registering the weapon.

In order to fire your weapons once they have been registered you must coordinate with range control at least 14 days prior to when you are trying to fire the weapon. When transporting your weapons to fire remember that the weapon must be unloaded and with the breech opened and no magazine placed in the weapon. If transporting in a vehicle the weapon must be transported separate of the occupants of the vehicle and separate of the ammunition.

Privately owned weapons and ammunition may only be stored at the possessor's quarter or unit arms room. To store firearms in an Island Palms Communities quarter, occupants must request authorization from the Island Palms Communities. Once authorization has been granted it will be secured in a locked container, cabinet rack or with a meal bar or lock that passes through the breech or in a manner that blocks or immobilizes the trigger. An alternate way of storing is to remove and store the firing mechanisms separately. Firearms MUST be unloaded at ALL TIMES inside of your quarters.

Prepare for Hurricane Season

**DEPARTMENT OF DEFENSE
HAWAII EMERGENCY MANAGEMENT AGENCY**
News Release

HONOLULU — Hurricane season has arrived and the Hawaii Emergency Management Agency recommends residents prepare an “emergency kit” of a minimum of 14 days of food, water and other supplies.

“The reason we’re increasing the recommendation to 14 days (previously seven) is based on the documented experience from other states and jurisdictions that have gone through similar disasters,” said Vern Miyagi, the HI-EMA administrator.

Miyagi went on to say that depending on the damage, it will likely take two weeks or longer for the critical infrastructure to be fully or partially operational.”

Hurricane season annually runs from June 1 to Nov. 30.

Emergency kit

Miyagi recommended putting together an emergency kit now and maintaining it throughout the hurricane season to avoid long lines at stores and gas stations shortly before and after a potential tropical storm event.

Other recommendations include:

- Please do not return supplies to the store after a hurricane or storm passes.

- Keep supplies for the entire season and plan to partially consume and replenish to keep the items fresh.

- The time to prepare your kit is now.

- Get ahead of the game.

- Don't try to purchase your 14 days of supplies or fill your tanks with gas the day before the hurricane arrives.

HI-EMA also recommends residents and visitors take action to prepare for any possible hurricane or tropical cyclone.

Talk with family members and develop a clear understanding what you will do if a hurricane or tropical storm threatens. Prepare an action plan that includes details



such as whether your family plans to shelter in place or evacuate.

Know if your home is in an inundation zone, flood zone, or susceptible to high winds and other hazards. Know if your home is retrofitted with hurricane resistant clips or straps.

Stay tuned to local media and their websites/applications regarding weather updates.

Sign up for local notification systems (i.e., HNL Info, Blackboard CTY).

Get to know your neighbors and community so you can help each other.

Download the “Ready Hawaii” app from the iTunes or Google Play! store. This app can aid in your emergency planning and will list shelters opened for evacuation.

Walk your property and check for potential flood threats. Clear your gutters and other drainage systems. Remove and secure loose items. Keep your car gas tanks filled.

Prepare your pets by checking or purchasing a carrier and other preparedness items. A pet carrier is necessary for your pet's safety if you plan to evacuate to a pet-friendly shelter. Don't forget 14 days of food and water for your furry family members.

Set aside an emergency supply of any needed medication and keep a copy of your prescriptions in case you run out of medication after a disaster.

Secure your important documents in protective containers.

Visitors should download and read the Hawaii Tourism Authority's Travel Safety Brochure at www.travelsmarthawaii.com.

AlohaQ now available in Wahiawa

CITY & COUNTY OF HONOLULU
News Release

WAHIAWA — The AlohaQ push-notification queuing system, designed to reduce wait times for customers by allowing them to get in line online, is now available at the Wahiawa Satellite City Hall.

Oahu residents can now book appointments a maximum of two days in advance for the Wahiawa facility from the convenience of their mobile device or home computer at www.AlohaQ.org.

By entering their name, mobile number and transaction type, customers will receive a ticket number for their appointment and a text reminder 15 minutes prior to their scheduled service time.

Wahiawa Satellite City Hall customers can also use AlohaQ to schedule a service time at a kiosk and wait at the new seating area that was created along with other refurbishments to the office.

In addition to the Wahiawa Satellite City Hall, AlohaQ is available at the Kapalama Driver Licensing Center, Kapalama Satellite City Hall, and Pearlridge Satellite City Hall. The system was designed by the Department of Information Technology.

The public is encouraged to use online services whenever possible.

Visit www.honolulu.gov/csd for motor vehicle registration renewal, State ID application, driver's license and ID document guide, water bill and property tax payment, and driver's license road test appointments.

For location, hours of operation and service information for all City and County of Honolulu Driver Licensing Centers and Satellite City Halls, go to www.honolulu.gov/cms-csd-menu/site-csd-sitearticles/26204-services-and-locations-listings.html.

The Wahiawa Satellite City Hall is located at 330 N. Cane St. Service hours are 8 a.m. to 4 p.m.

Q:

Why does the Hawaii Army Weekly publish courts-martial findings?

A:

The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

Five discharged at courts-martial

The following personnel received courts-martial through the Staff Judge Advocate, 25th Infantry Division.

- On May 31, at a general court-martial convened at Wheeler Army Airfield, Spc. Preston J. Gachelin, U.S. Army, was convicted by a military judge, pursuant to his pleas, of one charge, one specification, of failure to obey a lawful order in violation of Article 92, Uniform Code of Military Justice; one charge, five specifications, of assault consummated by a battery in violation of Art. 128, UCMJ; and one charge, one specification, of obstruction of in violation of Art. 134, UCMJ.

The Military Judge sentenced the accused to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for 14 months, and to be discharged from the service with a bad conduct discharge.

- On May 25, at a general court-martial convened at WAAF, Spc. Kelvin D. Smothers, U.S. Army, was convicted by a military judge, contrary to his pleas, of two specifications of assault in violation of Art. 128, UCMJ. The military judge sentenced the accused to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for five months, and to be discharged from the service with a bad conduct discharge.

- On May 9, at a general court-martial convened at WAAF, Spc. Clayton D. Neese, U.S. Army, was convicted by a military judge, pursuant to his pleas, of two specifications of assault consummated by battery, in violation of Art. 128, UCMJ. The military judge sentenced the accused to be reduced to the grade of E-1, to be confined for eight months, and to be discharged from the service with a bad conduct discharge.

- On May 9, at a general court-martial convened at WAAF, Pvt. (E2) Lyndon T. Walker, U.S. Army, was convicted by a military judge, pursuant to his plea, of one specification of possession of child pornography, in violation of Article 134, UCMJ. The military judge sentenced the accused to be reduced to the grade of E-1, to be confined for 13 months, and to be discharged from the service with a bad conduct discharge.

- On May 3, at a general court-martial convened at WAAF, Spc. Rohan H. Green, U.S. Army, was convicted by the military judge, pursuant to his pleas, of one specification of attempted escape from the custody of the Criminal Investigation Division (CID), in violation of Art. 80, UCMJ; one specification of damage to government property, in violation of Art. 108, UCMJ; and two specifications of distribution of a controlled substance, in violation of Art. 112a, UCMJ. Contrary to his plea, the accused was convicted by a panel of officers and enlisted members of one specification of rape, in violation of Art. 120, UCMJ.

The panel of officers and enlisted members sentenced the accused to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for 10 years, and to be discharged from the service with a dishonorable discharge.

Federal Convictions. In addition to forfeiture of pay (either adjudged or by operation of law), confinement and a punitive discharge, a Soldier will also have a federal conviction that the Soldier must report when filling out a job application. A federal conviction strips a Soldier of many rights, such as the right to purchase and maintain firearms, and voting.

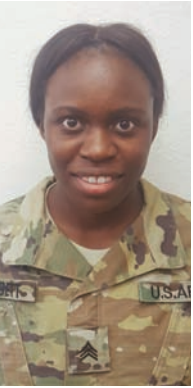
Voices of Ohana

Because July 16-22 is Conservation Week in Hawaii, we wondered, “What can we do to help preserve Hawaii’s habitats?”
By U.S. Army Garrison-Hawaii and 25th Combat Aviation Brigade Public Affairs



“If we see any trash during our PT runs we pick it up and put it in the trash or recycling bins.”

Pvt. Zakeree Chapa
25th CAB administrative specialist



“I consider the environment when using my bug spray and started using one that is environmentally friendly.”

Sgt. Tyesha Corbett
25th Combat Aviation Brigade Schools NCO



“We can all do small things like recycle, turn off the lights when we leave our homes and take part in stream cleanups.”

Sean Cusick
Clean Water Act support officer DPW



“Avoid dumping toxics down the drain.”

Staff Sgt. Jaime Rabina
249th Engineer Battalion
U.S. Army Corps of Engineers



“Choose sunscreens that are reef safe. Stores could even put up signs to educate the public about which sunscreens are safe to use in the ocean.”

Gina Wheeler
DPW contractor
Colorado State University



Col. Kareem Montague, incoming commander of the 5th BCD, thanks his family for their support during an assumption of command ceremony at Bishop Point.

5th BCD welcomes Montague

Story and photo by
STAFF SGT. JUSTIN SILVERS
U.S. Army-Pacific Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — The 5th Battlefield Coordination Detachment held an assumption of command, here, at Bishop Point, July 7.

The 5th BCD’s mission is to facilitate the integration of air power with Army force ground operations through the coordination of air support and the exchange of operational and intelligence information.

The presiding officer for the assumption of command was Maj. Gen. Charles Flynn, deputy commanding general, U.S. Army-Pacific, who spoke about the importance of the ceremony.

“Ceremonies like this are important to take time out and recognize,” said Flynn. “They’re important because they are a tradition, and traditions link us to our past. Our past ensures we remember our roots, and we remember those roots through the selfless service of those who came before us.”

Flynn also highlighted the significance of Col. Kareem P. Montague being selected for command.

“Effectively, there’s 18 colonel level commands for artillery men in the Army,” said Flynn. “The competition is steep, so the recognition by the Army to put you in this position of authority and increased responsibility speaks volumes about you.”

Montague assumed command of the 5th BCD from the acting commander, Lt. Col. Karlis Krievins, through the ceremonial passing of the unit flag.

Montague said he was looking forward to commanding the 5th BCD.

“When you’re a young lieutenant, you never think about becoming a colonel; you never think about commanding at this level,” said Montague. “You probably look at your battalion commander, and say, ‘If I could be one of those one day, that would be pretty cool.’ Anything above and beyond that has been a blessing, and I truly feel blessed for this opportunity.”

‘Go for Broke’ battalion receives Cloud

Story and photos by
SGT. 1ST CLASS CHANELCHERIE DEMELLO
303rd Maneuver Enhancement Brigade
9th Mission Support Command

FORT SHAFTER FLATS — 100th Infantry “Go for Broke” Battalion, 303rd Maneuver Enhancement Brigade, 9th Mission Support Command, held a change of command ceremony, here, June 22, at U.S. Army Reserve Daniel K. Inouye Complex.

Lt. Col. Matthew L. Cloud, a native of Illinois, received command of the 100th Inf. Bn. from outgoing commander Lt. Col. Kenneth Tafao upon the completion of the “passing of colors,” which symbolizes the transfer of authority and responsibility over an organization.

Cloud, whose military journey included assignments in the U.S. Navy Reserve, the Army National Guard of Illinois, and the U.S. Army Reserve, said the Go for Broke battalion was the only unit he listed on his command selection board request.

Cloud, who also served in many other leadership positions, including senior military science instructor for the Army Reserve Officers’ Training Corps at Washington University in St. Louis, and at Southern Illinois University Edwardsville, Edwardsville, Illinois, considered taking command of the 100th Inf. Bn. as a significantly prodigious milestone.

“To the Go for Broke Soldiers,” he said, “it is an extreme honor to be your commander and stand before you today. Every day on this earth is a remarkable opportunity to spend time enjoying our lives in our communities and with our families.

“Unfortunately, there are many global challenges that are in contradiction to those values and their safety,” he continued. “I ask this of you: Be lethal and be ready to fight and win in a complex environment.”

Cloud also thanked Tafao and shared his appreciation for the warm welcome he received.

“You have more than accommodated me with our transition,” he said. “I sincerely appreciate the time that you have invested in taking me around to the training areas, meeting the Soldiers, observing the live fires, and just generally being a professional officer and Soldier.

“Good luck in your future endeavors and never let up on your Go for Broke attitude,” he added.

On order, 100th Inf. Bn. closes with and destroys enemy forces using fire and maneuver in support of unified land operations within the U.S. Pacific Command area of operation. The 100th Inf. Bn., U.S. Army Reserve, assumes the responsibility for attaining a maximum state of readiness in the event of mobilization.

During his speech, Tafao recognized the tremendous strides in the battalion’s overall combat readiness and mission success in the past two years, which included partnership with 3rd Brigade Inf. Combat Team, 25th Inf. Division, for Lighting Forge; Joint Readiness Training Center rotation 15-07; participation in Yama



Lt. Col. Kenneth Tafao (center-left), outgoing commander of the 100th Inf. Bn., is passed the battalion colors during a change of command ceremony, June 22, at Fort Shafter Flats, U.S. Army Reserve Daniel K. Inouye Complex. Tafao relinquished command to Lt. Col. Matthew L. Cloud (right). Col. Joseph A. Ricciardi (left), commander, 303rd MEB, and Command Sgt. Maj. Joshua T. Mason (center-right), 100th Inf. Bn., witnessed the ceremony.



Lt. Col. Matthew L. Cloud, newly appointed commander of the 100th Inf. Bn., meets and greets supporters of the 100th Bn., 442nd Inf. Regt., during a change of command ceremony, June 22, at Fort Shafter Flats, U.S. Army Reserve Daniel K. Inouye Complex.



Jessica Tafao, wife of outgoing commander Lt. Col. Kenneth Tafao, 100th Inf. Bn., is presented a bouquet of flowers during a change of command ceremony at the U.S. Army Reserve Daniel K. Inouye Complex.

Sakura 71; Croix du Sud 17; multiple annual training events at Pohakuloa Training Area, Hawaii; and multiple mortar live-fire exercises with 29th Inf.

Bde. Combat Team.

Tafao went on to thank the Soldiers of the 100th Inf. Bn. for their dedication and commitment to their communities and the preservation of the battalion’s legacy.

“The current state of the battalion is due to your efforts, your commitment and your sacrifices,” he told them. “I know that you will all continue to represent the battalion proudly. Go for Broke!”

Col. Joseph A. Ricciardi, 303rd MEB commander, and reviewing officer of the ceremony, praised Tafao on his leadership and fortitude during his tenure.

“He has done it under an extremely high up-tempo,” said Ricciardi, “supporting missions around the Pacific, managing relationships with the 25th Inf. Div., Hawaii Army National Guard and various organizations that support the 100th Bn., and countless meetings and times away from home.”

Turning his focus to Cloud, Ricciardi wished Cloud all the success that Tafao has had, and said he had no doubt that the 100th Inf. Bn. Soldiers are in good hands with Cloud.

205th MI bids farewell to battalion commander Coghill

Story and photo by
SGT. SHAMEEKA R. STANLEY
500th Military Intelligence Brigade
Public Affairs

FORT SHAFTER — All good things must come to an end, so the 205th Military Intelligence Battalion, 500th MI Brigade-Theater (MIB-T), bid farewell to its outgoing battalion commander, Lt. Col. James B. Cogbill, and welcomed incoming battalion commander, Lt. Col. Wayne E. Prince, in a change of command ceremony at the historic Palm Circle, here, July 7.

Cogbill had served in command of the 205th MI Bn. for two years with tenacity, distinction, honor and genuine concern for the leaders and Soldiers of his formations, and he led the battalion to many great achievements on several levels.

The time came for him to pass the torch over to the one who will continue on with the traditions and legacy he leaves behind as he moves on to even greater things.

“As I look back on the past two years, what I’m most proud of is working so closely with so many of you through counseling and leader development and helping to influence the development of the future of our Army,” said Cogbill.

“Many of you demonstrate that potential to soar to the highest ranks of our Army, and I’m so happy that I was able to be there for part of your careers, and hopefully provide you an example, or offer one of many tools that you will add to your leaders’ kit bag,” he said. “I’ll be happy to say that I knew you when.”

Prince was previously assigned to



Lt. Col. James B. Cogbill passes the battalion colors in a change of command ceremony at historic Palm Circle on Fort Shafter, July 7. Cogbill relinquished his command to Lt. Col. Wayne E. Prince after serving two years as commander of the 205th MI Bn., 500th MIB-T.

U.S. Forces Korea J3, Yongsan, where he served as the Combined-Joint Fires Element’s Chief of Targeting. He has joined the Pacific Vanguard ohana with the experience and expectation to continue to lead the way for the battalion.

Cogbill will move on with his family to serve as the deputy G2 of the XVIII Airborne Corps, Fort Bragg, North Carolina.

“He is a leader of character, exemplifies the servant-leader model, and always

projects a calm and collected command presence,” said Maj. Jay T. Bao, executive officer, 715th MI Bn. “He has demonstrated the importance of being grounded by principles while effectively driving the battalion towards being a values-driven organization fulfilling the unit’s core purpose.”

“The time has come for me to pass the torch,” said Cogbill. “I am very happy to be able to pass the torch to a true leader

of character, experience and wisdom who will continue to lead you to even greater achievements. Wayne, you are a lucky man to be able to lead Soldiers and civilians such as these. They will not let you down.”

In his final closing remarks, Cogbill said, “Mahalo for an amazing two years and for your relentless effort to ensure our Army in the Pacific has always remained vigilant ... ready.”

Engineers honored with St. Christopher award

1ST LT. EUGENE MOLISSO
84th Engineer Battalion
130th Engineer Brigade
8th Theater Sustainment Command

FORT SHAFTER — Sgt. 1st Class David Cooper and Staff Sgt. Joseph Harris, both members of the Forward Support Company (FSC), 84th Engineer Battalion, 130th Engineer Brigade, were presented the Honorable Order of Saint Christopher by Col. Douglas Vallejo, deputy commander, 8th Theater Sustainment Command, for their career achievements and contributions to the Transportation Corps Regiment.

The Honorable Order of Saint Christopher recognizes those individuals who



Cooper

have demonstrated the highest standards of integrity and moral character, who have displayed an outstanding degree of professional competence and who have served the Transportation Corps with selflessness.

Cooper has recently served as the platoon sergeant for Distribution Platoon of FSC, 84th Eng. Bn. He has managed and executed deployment facility operations in this position on three separate oc-



Harris

casions, which processed and deployed 232 pieces of heavy engineer equipment worth \$21 million to Korea.

He supervised distribution of fuel, water, rations and general cargo daily in FSC that not only supported the 84th Eng. Bn., but also external units and exercises such as Lightning Forge, the Best Warrior Competition from 130th Eng. Bde. to U.S. Army-Pacific, and multiple Pohakuloa Training Area,

Hawaii, rotations.

Harris recently served as a squad leader for Distribution Platoon of FSC and now serves as operations sergeant for FSC, 84th Eng. Bn. Harris’ squad provided daily transportation support to the 84th Eng. Bn.

He is M9 master driver qualified, and his technical expertise assisted the 130th Eng. Bde. in rebuilding its Driver’s Training Standing Operating Procedure.

The Transportation Corps was formed in 1942, and in 1998 the Army instituted the order of Saint Christopher medal to recognize outstanding transporters.

Saint Christopher is the patron saint of travelers and motorists.

Sun, sand, beaches lend to professional development

Story and photo by
SGT. DAVID N. BECKSTROM
2nd Infantry Brigade Combat Team
Public Affairs
25th Infantry Division

WAINIHA, Hawaii — With sunlight breaking through the canopy of leaves above, senior enlisted leaders from around 2nd Infantry Brigade Combat Team, 25th Infantry Division, hiked through the scenic of Kalalau Trail, in the Napali Coast State Wilderness Park, to a secluded beach on the island of Kauai, June 29.

This hike was not just for enjoyment; it allowed them to come together as a team and talk about a myriad of topics – from personal and military life to challenges they face within their units and how to solve them.

Many times throughout the military, noncommissioned officer professional development, or NCOPD, is held in a large theater with stadium-style seating and the attendees listening to a senior leader while looking at PowerPoint slides.

Command Sgt. Maj. T.J. Holland, the senior enlisted adviser for 2nd IBCT, 25th ID, said he wanted to do something a little different this time. He wanted to do something that would build esprit de corps while affording him the opportunity to discuss several recent changes to Army policies.

Holland spoke on topics such as the Sustainable Readiness Model, talent and personnel management, multi-domain battlefield, physical fitness and empowering leaders through relevant and pertinent knowledge.

“Over the past decade, the military has used the Army Force Generation model of maintaining a fighting force,” said Holland. “This model had units return from a deployment, get all new Soldiers,



Senior leaders from the 2IBCT, 25th ID, hike the Kalalau Trail to a secluded beach in the Napali Coast State Wilderness Park, on the island of Kauai.

then train up for the next deployment. This no longer works with the type of mission we have been tasked with.”

With the Sustainable Readiness Model, the brigade needs to be ready to deploy at all times, Holland continued. This not only helps with readiness, but also manning requirements. The Soldiers within the brigade will have more consistency to bond and grow as a team. This is part of the main concept of this new model, reducing the peaks and valleys of the former manning plan.

However, since the drawdown of these forces, the standards have been raised and expectations of those within the armed forces have been scrutinized to

ensure the fighting force is the best it can be.

“NCOs serve as role models and mentors to the next generation of military leaders,” Holland said. “We need to be out there setting the standard for our Soldiers by being physically fit, training as we fight and passing our knowledge onto our subordinates.”

As the participants of this event arrived to the secluded beach within the Kalalau Trail, Holland took a break from the trek and spoke to them about how to empower their subordinates.

Soldiers who are well informed and have relevant information is what makes the military the best fighting force in the

world, said Holland. By ensuring the senior enlisted advisers from around the brigade are knowledgeable about the most recent changes to Army doctrine and the direction the military is heading, allows them to disseminate the information down to their units and throughout the brigade. This will not only make the brigade a better fighting force, it will also boost the trust and confidence within Soldiers.

“It is important to teach leaders and address concerns that Soldiers are facing within the brigade, so that the rumor mills can be cleared up and the correct information put out,” said 1st Sgt. Alejandro R. Arias, the first sergeant of D Company, 65th Bde. Engineer Battalion.

“As I go back to my unit, I will be able to push the details from this training down to the lowest level by telling my platoon sergeants and the most pertinent things during safety briefs and other formats and forums so even the privates know what is going on and they can plan accordingly.”

Many business leaders say that networking is the key to being successful. For those within the military, this concept is just as crucial.

“The friendships and networking connections that have been formed while we hiked are another important part of this event,” said Sgt. Maj. Michael J. Spear, the operations noncommissioned officer in charge of 2nd IBCT.

“We are all on the same team, even if we don’t see each other every day. If we take these connections back to our units, it will make our daily tasks that much easier, because if we see an issue that we don’t know the answer to, we can reach out to those who are subject matter experts.”

(For the rest of this story, visit www.hawaiiarmyweekly.com/2017/07/12/sun-sand-beaches-lend-to-ncopd/.)

USARPAC seeks nominations for civilian leadership program

U.S. ARMY-PACIFIC
News Release

FORT SHAFTER — Motivated permanent Department of the Army civilian employees assigned to U.S. Army-Pacific, have the opportunity for a career-broadening leadership development program to prepare for positions of greater responsibility.

The Emerging Enterprise Leaders Program, or EEL, is a one-year program scheduled to begin in September with the nomination period open now through Aug. 11.

“This is a very selective program designed to build the bench of future Department of Defense civilian leadership,” said Mary Weiss, USARPAC’s Civilian Human Resources director.



Photo by Hyoa Sharrock, U.S. Army-Pacific

A mentor and protégé take part in a technical professional development discussion. Mentoring is one component of the EEL program.

Interested civilians, GS-11, GS-12 and equivalent, must secure their supervisor’s endorsement before their packet

will be considered by a USARPAC selection committee in August.

The program will include four components: mentoring, self-development, a team project and a developmental assignment.

The self-development period consists of working with a mentor and supervisors to encourage self-exploration and professional development.

The team project will last about 45-60 days and require employees to collaborate with other EEL members on a real-world command designated project.

The developmental assignment is a 45-60 day period where the employee works full time outside of their traditional duties at a location and department to be decided.

Nominations will be considered from across the USARPAC enterprise, including Hawaii, Korea, Japan and Alaska.

Supervisors are asked to endorse high-performing employees with demonstrated potential for leadership positions.

In addition to selecting the right candidates for the EEL program, USARPAC is also looking for mentors to be part of the upcoming program, contributing their valuable experience and knowledge.

Points of Contact

For more information on the application process, call 438-2592 or email usarmy.shafter.usarpac.mbx.g1-chrd@mail.mil.

Get in the fight

Soldiers’ talk challenges solutions within their ranks

SGT. SHAMEEKA R. STANLEY
500th Military Intelligence Brigade
Public Affairs

ALIAMANU MILITARY RESERVATION — There’s no such thing as a perfect squad; however, a solid foundation built on trust, effective communication and confidence between leaders and subordinates is a great recipe for a culture that strengthens readiness at every echelon.

During a “Not In My Squad” (NIMS) workshop, here, on June 22, leaders and Soldiers of the 205th Military Intelligence Battalion, 500th MI Brigade-Theater, formed small groups to discuss issues that could affect trust, communication and cohesion.

NIMS is the Army’s campaign to fight sexual assault, sexual harassment and anything else that could have a negative impact on Soldiers’ overall well-being and mission readiness.

“I hope that the Soldiers have confidence that things will be changed and know that what they said will be taken into consideration,” said Sgt. 1st Class

Ivory A. Izevbizua, Human Resource noncommissioned officer in charge, 205th MI Bn.

Throughout their Army careers, regardless of their rank or position, there will be times when Soldiers face difficult, and sometimes uncomfortable, situations.

These challenges will cause them to make tough decisions and to adjust, adapt and act accordingly.

However, this is what makes the Army unique and builds it into the strong fighting force it is today.

Within NIMS the groups, one thing everyone agreed on was that respect and perception are very important.

The goal is for Soldiers to be able to trust their leaders at the lowest level as they lead the way by example.

A common stigma is that Soldiers are afraid to bring up uncomfortable issues to higher leaders because they feel no one cares about their concerns and they are not being listened to.

The NIMS is a platform to counterat-

tack that stigma by allowing leaders and subordinates to identify and acknowledge problems and seek solutions.

During one of the group discussions, some of the NCOs expressed that it is time to get back to the basics.

They asked for the time to mentor, train and develop their Soldiers because they care about their well-being. The participants not only wanted them to see that, but know that.

“The Soldiers understand that change doesn’t happen overnight, but they want to make sure that their issues and concerns are being heard and something will be changed,” said Sgt. 1st Class Sabrina R. Vaughn, Sexual Assault Response coordinator, 500th MIB-T.

“As leaders, we are genuinely concerned about the health and welfare of our Soldiers,” she added. “We want to promote a positive environment.”

Although it took a few minutes for the Soldiers to open up, they were able to engage in conversations that allowed them to see things from a different perspective

and what it is they can do to contribute to the overall goal, which is to maintain a climate that is free of anything that would affect mission readiness.

The discussion was necessary. Leaders became aware of what’s going on in their squad and could become proactive.

Although Soldiers are counseled every month on their performance, sometimes it takes an open conversation amongst peers for them to feel more comfortable with how they feel and have the courage to express themselves.

In return, the NIMS gave leaders the opportunity to hear from their Soldiers, take appropriate actions to address issues, and to come up with a plan of action to mitigate any potential risk.

“The Army does a good job talking of Soldiers in all aspects,” said Staff Sgt. Michael McKinley, Headquarters and Headquarters Detachment, 205th MI Bn. S6 (Communications). “You have to have your personal values on top of the Army values. It is important to live the Army values 24/7.”

500th MI hosts Pacific Foundry Intelligence facility open house

Story and photo by
SGT. SHAMEEKA R. STANLEY
500th Military Intelligence Brigade
Public Affairs

SCHOFIELD BARRACKS — The 500th Military Intelligence Brigade-Theater (MIB-T) hosted an open house for senior noncommissioned officers assigned to units on Oahu.

The open house, held at the Pacific Foundry Intelligence Readiness Facility, here, on June 28, gave senior leaders information about training opportunities afforded to MI Soldiers within their formations.

Participants received informational briefings and watched demonstrations on the various capabilities that the Pacific Foundry has to offer.

The students will go through training courses, which typically last one to two weeks, taught by subject matters experts within the 500th MIB-T and 25th Infantry Division. The SMEs are experts in the disciplines of Human Intelligence (HUMINT), Signal Intelligence, (SIGINT),



Staff Sgt. Devin M. Patterson (front left), assisted by Staff Sgt. Alicia M. Houle (far left), give senior NCOs a practical exercise during the Pacific Foundry Open House hosted by the 500th MIB-T on June 28. The exercise is designed demonstrate how critical thinking works.

Geospatial Intelligence (GEOINT) and All Source Intelligence.

“It was a success. We had about 25 senior NCOs from across the installation, and we received positive feedback imme-

diately after the event,” said Command Sgt. Maj. Tammy M. Everette, senior NCO, 500th MIB-T.

“If one of them utilizes the cadre and facility, then we were successful,” she

added. “The training resource is there for them to use; our job is to inform them about it.”

The Pacific Foundry serves units throughout U.S Pacific Command’s area of operation. It also has a mobile training team available, upon request, to go to units in Alaska, Japan and Korea to assist command teams with providing training to their MI Soldiers.

In addition, the SMEs can cater the training curriculum specifically to meet a unit’s mission needs or simply provide oversight and guidance on their daily mission.

(For the rest of the story, please visit the following link: www.hawaiiarmyweekly.com/2017/07/12/500th-mi-hosts-pacific-foundry-open-house-for-senior-ncos/.)

Point of Contact

Training is scheduled upon request, so units are encouraged to contact the Pacific Foundry Intelligence Readiness facility at 787-6794 for availability.

First cipher office broke code on cryptology

LORI TAGG
Army News Service

FORT HUACHUCA, Arizona — When Ralph Van Deman established the War Department's intelligence organization shortly after the United States entered World War I, he was faced with the daunting task of building his section from nearly nothing.

Although his background was more in the field of counterintelligence, he readily recognized the need for an office dedicated to cryptology.

He received numerous letters from amateur cryptologists offering their services, but he was intrigued by one person in particular – a bored State Department telegraph operator named Herbert O. Yardley who had deciphered a communication between President Woodrow Wilson and his aide in two hours.

Putting aside concerns about Yardley's age – he was only 28 years old – Van Deman chose him to create the Army's first code and cipher bureau, known originally as the American Cryptographic Bureau, but most popularly as MI-8.

Yardley reportedly remarked that “it was immaterial to America whether I or someone else formed such a bureau, but such a bureau must begin to function at once.”

Yardley was commissioned a first lieutenant in the Signal Corps on June 29, 1917, and was given two civilian assistants. Over the next year, MI-8 grew rapidly to 165 military and civilian personnel working in five subsections: Code and



Yardley

Cipher Solutions, Code and Cipher Compilation, Secret Inks, Shorthand, and Communications.

Code and Cipher Solutions examined communications from commercial telegraph and cable companies, intercepted radio traf-

fic and seized mail. Every suspicious mis-

sive, military or civilian, ended up on the desks of this subsection.

In addition to written communications, the section also analyzed atypical items like postage stamps, musical scores, religious amulets, and even a pigeon's wings. The amount of work was overwhelming, especially after the U.S. Navy stopped its cryptology efforts and let the Army take the lead.

During the course of the war, the subsection read more than 10,000 messages and solved 50 codes and ciphers used by eight foreign nations. This included the celebrated case in which Capt. John Manley deciphered a coded message found on Lothar Witzke (aka Pablo Waberski), a suspected German spy and saboteur. Manley's solution to the code sealed Witzke's conviction for espionage.

The Code and Cipher Compilation Subsection established secure communications for 40-plus military attachés and

hundreds of intelligence officers in the American Expeditionary Forces. Its services were critical for several reasons.

First, the Army's 1915 telegraph code book had been stolen during the Punitive Expedition and had yet to be updated. Additionally, British cryptologists informed the War Department that German telegraph operators on U-boats were able to copy U.S. messages sent to the AEF and its allies via the transatlantic cables.

Because breaches in U.S. communications would ultimately compromise the whole Allied effort, the subsection revised the entire War Department code and cipher system. In conjunction, the Communications Subsection operated around the clock, averaging the secure transmission of more than 100 sensitive and classified messages per day.

The Secret Ink Subsection established two laboratories specifically for MI-8 use. Chemists succeeded in developing an iodine vapor reagent for all types of secret inks. As a result, the MI-8 uncovered communications directing sabotage, which allowed the War Industries Board to implement tighter security measures.

At its peak, the subsection was reviewing more than 2,000 items weekly. As more sophisticated methods to conceal messages were developed, the subsection continually worked on new reagents.

The Shorthand Subsection was an impromptu addition to the organization. Military censors provided MI-8 with a number of messages believed to be in code, but were found instead to be writ-

ten in shorthand. The subsection cultivated a community of experts in more than 30 shorthand systems used worldwide.

MI-8's work was at times exciting and often fruitless, but personnel persevered. In a series of post-war articles, Manley stated, “It is the business of a Cipher Bureau never to allow its interests or energies to flag, for although a thousand suspicious documents may turn out ... to be entirely innocent or insignificant, the very next one might be of the greatest importance.”

Manley also stressed that while the organization successfully uncovered cases of nefarious activities, it also cleared the name of several innocent civilians wrongly accused of spying for Germany.

Although employing relatively simple deciphering methods using little more than pen and paper, MI-8 constituted a significant development for military intelligence during World War I.

Brig. Gen. Marlborough Churchill, the Army's director of Military Intelligence, predicted in 1919, “Code attack is indeed still in its infancy. It is capable of rapid and incalculable development.”

Consequently, both the State and War Departments continued MI-8's efforts as the Black Chamber in the post-war period. Soon thereafter, cryptology evolved into more sophisticated codes and ciphers requiring the invention of mechanical devices that would dominate both Allied and Axis code operations during World War II.



CONTINUED FROM A-6

active, web-based and mobile-friendly. See what's inside. Visit <https://www.garrison.hawaii.army.mil>, <https://crg.amedd.army.mil> and <https://www.army.mil/article/181188/> for more details.

Prescriptions — Did you know that the post pharmacy will take back your expired prescriptions free of charge?

Pick up an envelope at the pharmacy for disposal. Call 433-8421 or 433-8425 for details.

Text 911 — New technology has really improved our emergency response capability. If you cannot provide a voice (or telephone) call to 911 during an emergency, now you can use your cellphone! Visit www.hawaiiextto911.com.

Ideas — Have you ever had an idea that you kept to yourself because you thought no one would listen? Well, now someone is listening. If you've seen an issue and have a solution, or just have a great idea that could improve the Army, go to the Army Ideas for Innovation website on MilSuite at <https://www.milsuite.mil/ai2> and share it.

The AI2 team will push your ideas (relevant/informative) to the people who can turn them into reality. As of today, there

are more than 120 ideas are under review. Also, every idea is open for public comment, so you can read the ideas of others and leave your own feedback.

Fingerprinting — Digital fingerprinting services are available, weekdays, at the locations and times following.

•Schofield Barracks: Installation Security Office, Bldg. 580, Rm. 130, 9 a.m.-noon and 1-3 p.m. Service is for military, civilians and contractors for clearances. Call 655-8879/1493/9438.

•Fort Shafter: Provost Marshal Office, Bldg. T118, 8:30-11 a.m. and 1-2:30 p.m. (Tuesdays and Thursdays). Service is for military, civilian and contractor clearances, NAF and volunteers. Call 438-8001/1092.

•Wheeler Army Airfield: Child-Related Services, Bldg. 682, Rm. 104, 9 a.m.-noon and 1-3 p.m. Service is for child-related actions, volunteers and NAF actions. Call 656-1335/1320/1332.

Women's Health Portal — The web-based women's health portal, developed by the U.S. Army Public Health Center, provides information on women's health topics. The portal gives women and health care providers access to health-related resources and support that facilitate health and readiness in both the deployed and garrison settings.

Read more at https://www.army.mil/standto/archive_2017-06-21/?s_cid=standto.

UCLA helps virtual reality lead the charge

University aids U.S. Army recruitment

UNIVERSITY OF CALIFORNIA
LOS ANGELES
Office of Media Relations

LOS ANGELES — The University of California-Los Angeles Army ROTC is working to inspire people to choose the U.S. military as a potential career path.

Students from the current Bruin battalion appear in the Army’s first virtual reality (VR) recruitment video, which can be viewed through nearly any virtual reality viewer, including Google Cardboard, Samsung Gear VR, HTC Vive or Oculus Rift.

The video, titled “Leaders Made Here,” was created via collaboration between the UCLA Department of Military Science/ Army ROTC, and Holor Media, a virtual reality company based in Hollywood and led by former executives from Disney, Pixar and Industrial Light and Magic.

The six-minute immersive film gives viewers a chance to live life as an Army cadet participating in a field training exercise. It was filmed at Marine Corps Base Camp Pendleton near San Diego and fea-



Photo courtesy of Brian Tan

The Army recruiting video, titled “Leaders Made Here,” features students from the UCLA ROTC unit.

tures students from the current Bruin battalion, which is made up of students from UCLA, as well as other nearby colleges that don’t offer ROTC.

Interspersed with real testimonies from college students enrolled in the program, the viewer is given a chance to take part in land navigation, medical training,

Army ceremonies and even an obstacle course.

“If potential students enjoy the experience of being an Army cadet in VR, we challenge them to apply for and experience the real thing,” said Lt. Col. Shannon Stammersky, UCLA professor of military science. “Virtual reality is fantastic and all as a starting point, but reality-reality itself can’t be beat.”

Video director Brian Tan believes a series of shorts like this could be a recruiting game changer.

“Unlike most 360-degree videos, which are passive, fly-on-the-wall experiences, this was filmed from a first-person point of view, giving viewers unprecedented interactivity and engagement close to the real thing,” said Tan, who goes by “BLT.”

The students featured in the video are all UCLA juniors. All of them are expected to join the U.S. Army after they graduate in 2018.

“Leaders Made Here”
View the video at https://www.youtube.com/watch?time_continue=23&v=4XTKwHj1sSQ.



CONTINUED FROM A-6

Ganhan Road — Ganhan Road, Wheeler Army Airfield, adjacent to Bldg. 107, will be closed at the Wright Avenue entrance, due to construction occurring at Bldg. 107. Closure will occur through Dec. 18.

Sasaoka Street — Two road closures on Sasaoka Street, WAAF, will occur for new sewer line installation. The work will be performed in two phases through Sept. 30. For Phase 1, a portion of Sasaoka Street will be closed during the day between 8:30 a.m. and 3:30 p.m., Monday-Friday. Access will still be available for tenants and employees in the area.

For Phase 2, Sasaoka Street will be fully closed at night from 6 p.m.-2 a.m., Monday-Friday. Access for tenants and employees will not be available at night during Phase 2. Saturday and Sunday work will only be performed if absolutely necessary, between 8 a.m. and 5 p.m.



7th Street and Arty Hill Road repairs and more work.

7th Street & Arty Hill Road — Through Dec. 29, Fort Shafter contractors will be performing various road repairs and electrical utility work on 7th Street and Arty Hill Road. Intermittent lane closures will occur. Residents will be given advance notice if their driveways will be blocked. Access to the Island Palm Communities office will still be open via 7th Street.

Contractor work hours are Monday-Friday from 8 a.m.-2:30 p.m. Motorists are advised to expect delays and follow detour signs to adjacent roads. Please use caution and observe all signs, traffic control personnel and devices while driving through affected work areas.

McCornack Road — There will be a partial road closure and restricted parking along McCornack Road near Bldgs. 660, 678 and 676, for utility installation. Parking and street traffic will be restricted through Sept. 5, from 7 a.m.-3:30 p.m. The work will be performed in three phases.

Phase II will occupy the eastbound lane of McCornack Road through Aug. 1 and the westbound lane from July 24-Aug. 1. During Phase II, the small parking lot north of the medical clinic along McCornack Road will be closed and the larger parking lot across from the SB dental clinic will be restricted to one entrance/exit through Aug. 1.

Phase III will close streetside parking along the eastbound lane of McCornack Road north of the Dental Clinic from Aug. 2-Sept. 5.

Airdrome Road — David Boland, Inc. and Keeno Farms will be conducting one-lane road closures 8 a.m.-3:30 p.m., Monday-Friday, through July 28 along Airdrome Road from the sewage treatment plant to the flight simulator. The extension of this traffic control plan is the result of recent changes to a new storm water containment basin at the new box culvert headwall by the flight simulator and the restoration of Airdrome Road paving into Flight Sim. There will be continued striping repairs resulting from recent sanitary and utility installations.

Clark Road, Fort Shafter — A southbound road closure will occur at Clark Road near Bldgs. 334 & 339 for roofing replacement and storm sewer installation. Southbound traffic will be diverted to Montgomery Drive, through July 31, on Monday-Saturday, 6 a.m.-4 p.m.

McNair Gate Closure — A nighttime closure of McNair Gate, Schofield Barracks is scheduled through July 21 to upgrade the guard shack. During working hours, parts of Ayres Avenue and McCornack Road leading to the gate will also be closed. The closure of McNair Gate will run Sunday-Thursday nights between the hours of 8:30 p.m. and 5 a.m.

Foote and Lyman gates will be available as an alter-

nate route for nighttime time access to the base.

McCornack Road Parking Stalls — Street parking stalls along McCornack Road, north of the SB dental clinic, Bldg. 660, will be closed through Monday, Jan. 1, 2018, to ensure safety of pedestrians between construction entrances of the U.S. Army Health Clinic-Schofield Barracks. This temporary closure effects seven parking stalls on McCornack Road. Foot traffic will be prohibited from accessing these parking stalls and signs will be posted to direct foot traffic.

McCornack Road Shuttles — Swinerton Builders will be closing the parking lot on Schofield’s McCornack

Road, east of the SB dental clinic, Bldg. 660, to construct a new parking structure.

The main part of the parking lot will be closed through Nov. 30. A temporary parking lot will be available on McMahon Road. Shuttle bus service will be provided from there to the drop-off location at the northwest corner of Bldg. 660.

The first departure from the temporary parking lot will be at 5:30 a.m.; the last from the health/dental clinic will be at 7:30 p.m. Departure times from the temporary parking lot are every half hour after first departure at 6 a.m. Departure times from the health clinic are 15 minutes and 45 minutes after the hour – 5:45 a.m., 6:15 a.m., etc.



Photo by Derek Inoshita, Hawaii State Department of Education

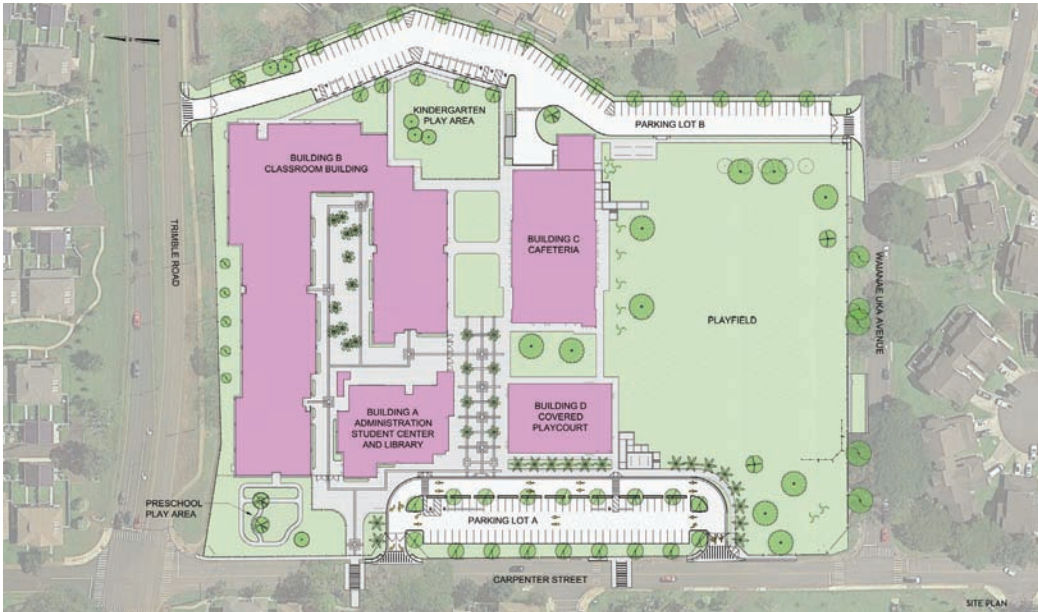
Kahu Kaleo Patterson performs a traditional Hawaiian blessing before the groundbreaking ceremony at Solomon Elementary School on July 6. To his left is Solomon Elementary School Principal Sally Omalza.



Images courtesy of Hawaii State Department of Education

Above, an artist's rendering depicts what the new Solomon Elementary School campus will look like once it is completed in the summer of 2021.

At right, an aerial map shows what the new footprint of Solomon Elementary School will look like. The current campus will be demolished to make room for the playfield.



Col. Stephen Dawson



U.S. Rep. Colleen Hanabusa



Hawaii Gov. David Ige

Solomon Elementary gets fresh start

Building the future

KAREN A. IWAMOTO
Staff Writer

SCHOFIELD BARRACKS — Army leaders joined state and federal officials to begin the next chapter of Solomon Elementary School at a groundbreaking ceremony for the school's new \$90 million campus, here.

"This (new) facility will truly be state of the art," Hawaii Gov. David Ige said at the July 6 ceremony. "It gives (students) the opportunity ... to get the skills they need to succeed and thrive in the next century."

Pulling together

In April, the Department of Defense's Office of Economic Adjustment approved a \$70 million federal grant to construct the new Solomon Elementary School campus, which will be built adjacent to the existing school. The Hawaii State Department of Education contributed \$20 million in matching funds.

"Solomon is a shining example of how partnership between the state and the U.S. Army can benefit local communities," said Col. Stephen Dawson,

commander of U.S. Army Garrison-Hawaii.

Solomon Elementary School Principal Sally Omalza also acknowledged the teamwork that made the groundbreaking possible.

"I want to take this moment to thank the U.S. government for remembering the families that rotate through Schofield Barracks, and for providing our students, families and teachers a chance for round two of 1st Sgt. Samuel K. Solomon Elementary School," she said, adding that Sgt. Solomon's family on the mainland and the Big Island were unable to attend the ceremony, but were excited about the progress of the new campus.

Learning into the future

HIDOE Interim Superintendent Keith Hayashi said the improvements go beyond the scope of most

projects.


"The renovation plan here goes far beyond the standard types of improvements normally scheduled," he said.

"The plan will give the campus an entirely new footprint and create four state-of-the-art buildings that will create an array of opportunities for our kindergarteners through fifth graders in support of our military students," he continued.

"These early grades are where our students learn to be effective communicators and self-directed learners, and these new classrooms will support our students in developing complex thinking and problem-solving skills that spark a passion for learning."

The new campus will include 63 new classrooms,

See SCHOOL B-8



Briefs

14 / Friday

Public School Registration — Registration is accepted throughout the year. Register your child for school. Call the Army School Liaison Office at 655-8326.

Youth Sports & Fitness — Summer registration is open for flag football (youth born 2001-2012, \$55), cheerleading (youth born 2001-2012, \$55) and folk style wrestling (youth born 2001-2012, \$55). Call 655-6465 or 836-1923.

Family Child Care New Applicant Briefing — Held at SB FCC office at 9 a.m. Call 655-0747.

Acing the Interview — Prepare to answer the tough interview questions and practice with a mock interview at SB ACS from 10-11 a.m. Call 655-4227.

EFMP Sensory Movie Day — Held at FS Community Center from 1:30-3:30 p.m. Limited seating for up to 20 people. Call 655-4227.

Fish Fry Day — Shrimp, two kinds of fish, calamari hush puppies and crab, 11 a.m.-2 p.m., FS Hale Ikena. Call 438-1974.

Backyard BBQ — Traditional cookout food and games, 6-10 p.m., SB Tropics. Call 655-5698.

BOSS Lifeskill Event — “Art for Life” held at SB Tropics. Call 352-223-6370.

Paint and Sip — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice for \$35. Class includes all painting supplies and instruction. Preregistration is required. Call 655-5698.

15 / Saturday

Boot Camp Training — New Parents Daddy Boot Camp class for first-time/expecting parents at SB ACS from 9 a.m.-12:30 p.m. Parents can ask questions and learn practical skills for taking care of the new baby. Call 655-4227.

16 / Sunday

BOSS Event — Harry Potter concert at the Neal Blaisdell Center in Honolulu. Call 352-223-6370.

17 / Monday

PPP-S Federal Applications for

MONDAY

TENTATIVE JOB OFFERS ON-SITE



HIRING FAIR

JULY 17

Waianae Elementary School
85-220 McArthur Street, Waianae
Inside the Cafeteria

9:00 a.m. - 3:00 p.m. • All Positions

JOIN OUR DYNAMIC TEAM!

To be considered for an interview, please bring/have the following:

- ▶ Resume
- ▶ (2) Professional References with Contact Information
- ▶ DD214 (For Veterans)

- ▶ Spouse Orders (For Military Spouses)
- ▶ SF50 or DA3434 (For Current Employees)

- Additional Requirement for Children & Youth Services Vacancies
- ▶ High School Diploma and College Transcripts

Note. Applicants who participate in the Hiring Fair will receive first consideration. All job offers are tentative pending clearance of background checks or consideration of preference eligible candidates.

For a list of current Family and MWR vacancies, visit HIMWR.com or USAjobs.gov - Search Hawaii



Courtesy graphic

WAIANAE — Family and MWR Hiring Fair offers job seekers immediate placement opportunities July 17, at Waianae Elementary Cafeteria (85-220 McArthur St., Waianae) from 9 a.m.-3 p.m., for all positions. Tentative job offers on-site. For a list of current vacancies and documents needed visit www.himwr.com.

Military Spouses — Priority Placement Program S for Military Spouses seeking civil service DOD careers. Learn all you need to know about PPP-S and the do's and the don'ts. Step-by-step instructions on preparing your package at SB ACS from 10-11 a.m. Call 655-4227.

18 / Tuesday
FRG Funds Custodian Training — Nehelani hosts training from 10:30 a.m.-12:30 p.m. for FRG leaders, funds custodians and command representatives to gain a clear understanding of the various funds available and the types of purchases that can be made with each fund. It also clearly defines the roles and responsibilities of the funds custodian and alternate. Call 655-4227.

Anger & Conflict Solutions — Prevention program for individuals to learn the basics of anger awareness from noon-1 p.m. at SB ACS. The class will help participants identify their own personal anger cues and ways to de-escalate conflict situations.

Toon Time Matinee — Join SB ACS from 10 a.m.-noon for a free movie, fun and social interaction. Event is for

caregivers and their children 0-3. Call 655-4227.

19 / Wednesday
BOSS Lifeskill Event — CPR training at SB Richardson Pool. Call 352-223-6370.

Play Mornings at ACS — Meet other moms and dads, share information and parenting tips, and give your infant/toddler a chance to interact with other children at SB ACS from 10-11 a.m. Call 655-4227.

AFTB Level K: “Military Knowledge” — Two-day class at SB NCO Academy (Bldg. 6055) from 9 a.m.-1 p.m. offers training that focuses on knowledge of military and Army programs, Army acronyms, community resources, and personal and family preparedness. Call 655-4227.

20 / Thursday
Your Credit Report and Score — Held at SB ACS from 10-11:30 a.m. Learn how to increase your credit score and understand what lenders look for. Copy of your credit report required. Call 655-4227.

21 / Friday
AFTB Level K: “Military Knowledge” — Two-day class held at HMR Community Center from 5:30-8:30 p.m. Training focuses on knowledge of military and Army programs, Army acronyms, community resources and personal and family preparedness. Call 655-4227.

It Takes Two (For Couples) — Enhance your relationship by learning skills to improve communication at SB ACS from 11:30 a.m.-1 p.m. Learn about expectations, problem-solving techniques, forgiveness and the importance of fun and friendship. Call 655-4227.

EFMP Sensory Movie Day — Held at FS Community Center from 1:30-3:30 p.m. Limited seating up to 20 people. Call 655-4227.

BOSS Lifeskill Event — CPR Training at Tripler Pool. Call 352-223-6370.

Smoke House Day — Two kinds of ribs, barbecue chicken, smoked pork sliders and beef brisket, plus corn bread, baked beans and plenty of coleslaw at FS Hale Ikena. Call 438-1974.

Family Nite — Make an acrylic painting on a (12 inches x 16) stretched canvas with SB Arts & Crafts Center from 4:30-6:30 p.m. Preregistration is required. All supplies included. Children 12 and younger must be accompanied by an adult. One canvas per family. Additional canvases available for purchase. Call 655-4202.

23 / Sunday
BOSS Event — Virtual Reality Gaming held at SB Tropics. Call 352-223-6370.

24 / Monday
Stress Solutions — Held from noon-1 p.m. Identifies the causes of stress as well as how it affects our lives. Techniques are shared such as positive self-talk and how to not take things personally, while introducing a variety of relaxation techniques. Call SB ACS at 655-4227.

Million Dollar Soldier Refresher — This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227 to register.

Employment Orientation — New to the island and looking for employment? This class at the SB ACS from 10-11:30 a.m. will orientate you to employment opportunities on Oahu. Learn about Spousal Preference and the Priority Placement Program for Spouses (PPP-S) seeking federal employment. Also offered is information on civilian sector opportunities, contractors, resume writing classes, career fairs and opportunities to further your career and education.

See MWR BRIEFS B-3



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

14 / Friday

Sesame Street Live — Elmo Makes Music show concludes a 16-performance run, with weekend shows July 14-16 at the Blaisdell Concert Hall. Tickets range from \$12-\$75. Group discounts include \$5 military discount. Call Blaisdell Box Office info line at 768-5252.

The Little Mermaid — Disney's “The Little Mermaid” is staged July 14-Aug. 6, Thursday through Sunday, at Diamond Head Theatre, 520 Makapuu Ave., Honolulu. Visit diamondheadtheatre.com.

Korean Festival — Dozens of community organizations and businesses partner with hundreds of volunteers, July 14-15, that highlight the unique food, dance, art and music of Korea. Festivities include Korean cooking lessons, a singing competition and a kimchee-eating contest. Visit koreanfestivalhi.com.

Mango Jam Honolulu —

Calendar abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation

Event is Friday, July 14, 4:30-10 p.m., and Saturday, July 15, 10 a.m.-10 p.m., at the Frank F. Fasi Civic Center at Honolulu Hale with free admission and parking. Live family entertainment with local celebrity musicians, cultural performances, craft booths and demonstrations, food booths with mango-inspired dishes and beverages. Call 768-6622 or visit www.honolulu.gov/moca.

Bon Dance — It's at Jikoen Hongwanji Mission, 1731 N. School St., July 14-15, at 6 p.m. Bon Dance Festivals celebrated in Japan for more than 500 years traditionally include a dance, known as Bon-Odori. For a schedule of days and places on Oahu, visit hongwanjihawaii.com. Call 845-3423.

Drunk Driving Prevention Program-Oahu — DDPP will drive you home completely free of charge. And, if you'd like, the DDPP will also drive your car home for free. You can avoid impaired driving! DDPP's Hawaii chapter (with volunteers from Schofield Barracks) are taking pickups and more volunteers. Call 888-7407 or visit ddpp.us.

15 / Saturday
SB Kolekole Walking-Hiking Trail — The trail is open for hiking this weekend.

Kaka'ako Farmers Market Grand Reopening — Celebrate the grand reopening of Farm Lovers Kaka'ako market at Ward Gateway Center, in the parking lot next to Ross Dress For Less at 333 Ward Ave., 8 a.m.-noon. Free gift with purchase (while supplies last.) Call 388-9696 or visit www.FarmLoversMarkets.com.

Midsummer's Night Gleam, A Night of a Thousand Stars — At Foster Botanical Garden, 4-9 p.m., with free admission, will be turned into a magical wonderland with 2,500 luminaries sparkling along the pathways weaving through the garden. Come dressed as your favorite “Star Wars” character. Children's activities are 4-6:30 p.m. Painting, botanical games, bubbles and arts & crafts. For more details, call 522-7066.

Prince Lot Hula Festival — This 40th annual two-day event moves to Iolani Palace this year on July 15 from 9 a.m.-4 p.m., and July 16 from 10 a.m.-3 p.m. The festival honors Prince Lot Kapuaiwa, who reigned as Kamehameha

V from 1863 to 1872 and helped reprise hula. Free Palace admission on Sunday. Visit moanalua.gardensfoundation.org.

20th Annual Haleiwa Arts Festival — The festival is scheduled July 15 from 10 a.m.-6 p.m. and Sunday, July 16, from 10 a.m.-5 p.m. at Haleiwa Beach Park. The festival will feature more than 140 visual artists, live performances every hour and festival food. Visit haleiwaartsfestival.org for more information.

Concert Series — Sea Life Park's Makapuu Twilight Concert Series has scheduled its season finale show at Makapuu Meadows at the park, located at 41-202 Kalaianaoale Hwy. in Waimanalo. Gates open at 4 p.m., and performances begin at 5 p.m. Call 259-2500, or visit sealifeparkhawaii.com/twilightconcert.

Kuhio Beach Hula Show — It's 6:30-7:30 p.m. at the Kuhio Beach Hula Mound, near the Duke Kahanamoku statue, beachside at Uluniu and Kalakaua Avenues in Waikiki, weather permitting. Outdoors casual. Seating on the grass, beach chairs, mats are OK. Cameras welcome. For more information, call 843-8002.

See CALENDAR B-3



This Week at the MOVIES

Sgt. Smith Theater



Rough Night (R)

Friday, July 14, 7 p.m.

Captain Underpants: The First Epic Movie (PG)

Saturday, July 15, 4 p.m.

Megan Leavey (PG-13)

Saturday, July 15, 7 p.m.



Cars 3 (G)

Sunday, July 16, 4 p.m.

Closed Monday through Thursday.

ASYMCA: Armed Services YMCA	and Recreation	SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
BCT: Brigade Combat Team	FRG: Family Readiness Group	TAMC: Tripler Army Medical Center
CDC: Child Development Center	FS: Fort Shafter	USAG-HI: U.S. Army Garrison-Hawaii
CYSS: Child, Youth and School Services	HMR: Helemano Military Reservation	USARPAC: U.S. Army-Pacific
EFMP: Exceptional Family Member Program	IPC: Island Palm Communities	WAAF: Wheeler Army Airfield
FCC: Family Child Care	PFC: Physical Fitness Center	
FMWR: Family and Morale, Welfare	SAC: School Age Center	
	SB: Schofield Barracks	

Humane Society holds senior prom adoptions

HAWAIIAN HUMANE SOCIETY
News Release

HONOLULU — It's a senior prom, Hawaiian Humane Society style!

On Saturday, July 15, from 9 a.m. to noon at Ward Warehouse, the society will be hosting a special adoption event for senior dogs. There will be a variety of canines, including dogs from the Waianae Rescue, who would love to hold the title of being your personal prom king or queen.

Adoption fees will be waived for all dogs at this event only.

Dance the day away while you get to know your new family member. Commemorate this special event with a prom pawtrait and pawty favors.

Older pets are often overlooked at animal shelters in favor of puppies and kittens, but there are advantages to adopting an older pet. Senior pets may come with some training and understand basic commands. They may be



calmer and easier to manage than energetic younger animals.

Size is also not an issue as senior pets come full grown.

The Hawaiian Humane Society is a nonprofit organization dedicated to finding homes for animals. The society has multiple events throughout the year that promote adoptions, such as a senior prom for senior dogs.

Contact HHS
For more information about this and other events, contact the Hawaiian Humane Society at 356-2218, or visit hawaiianhumane.org.



Photo courtesy of Hawaiian Humane Society

A tale of two studies reflects different journeys



“Dear Lord,” I prayed, recently, while lifting another heavy cardboard book box from the pile left by the movers. “Please don’t let one of my organs drop out onto the floor!”

Since our move two weeks ago, I’ve been unpacking every day. Despite the danger of torn ligaments and internal damage, I’m determined to finish decorating my new study.

Through the years

In all the homes we’d lived in as a military family over the last 24 years, I’ve never had my own dedicated office. In Monterey, California, my husband, Francis, and I plucked at our respective laptops in our base housing bedroom – looking over the crib in the corner where our first baby slept.

In England, the spare bedroom in our village house was frequented by too many visitors from the States to be used as a study, so we put a desk in the family room where we could keep an eye on our first, and then second, babies while they tried to jam cookies into their mouths and the VCR.

In Virginia, the room over the garage was too filled with our three kids’ toys to be an office, so the computer stayed on a desk in the kitchen where I could hear the oven timer and the dryer buzzer.

And in our stairwell apartment in Germany, I regressed to working in our bedroom again, at a desk nestled among Francis’ kicked-off boxer shorts and slippers.

In Florida and Rhode Island, I shared spaces with Francis and the kids again, always pining away for a study of my own.

Finally ...

But now, after our 11th military move, we have found a house with two extra rooms – one for Francis and one for me.

When the movers brought in the “pro-gear” boxes (the service person and spouse are given a weight allowance for professional gear during each permanent change of station move), we excitedly told them to take my boxes to the room off the laundry,



The author’s pencil jar is on full display in her new study.

and Francis’ boxes to the yellow room upstairs.

After years of holding back to accommodate the rest of our family, Francis felt free to fill his new study with his many awards, medals, souvenirs and “Yeah, Me!” tchotchkes – earned during 28 years of active duty service in the Navy.

Francis’ décor is all pomp and circumstance. Glossy cherry, polished brass and braided gold ropes. A monogramed cigar box, a glass globe, a framed picture of Roosevelt’s Great White Fleet, a leather chair and a Persian rug.

Francis in a smoking jacket with a snifter of brandy is all that is needed to complete his vision.

My turn

I couldn’t wait to display my own personal selection of stuff.

Managing to lift the book box without losing any organs, I heaped dozens of cookbooks onto the shelves, alongside my favorite classic novels by Steinbeck, Updike, Salinger, Vonnegut, Hemingway, Lee and other 20th century American authors.

Another box held my antique typewriter, which I placed on the writing desk I had bought while stationed overseas. I filled the misshapen clay pot that our middle child made in third grade with pens and pencils,

and placed it beside the computer.

I hung my collection of vintage aprons like a valance above the window. And put the old goose-necked rocker, where each of our three children were swayed to sleep when they were babies, in the corner under the Art Deco wall lamp I bought at a garage sale. I left a space on the wall for my law degree, even though I only practiced for a few years before military life’s frequent moves and solo parenting.

These things made freelance writing a more viable career.

I plan to hang my law degree prominently, though. On the days when I forget long division, or that my sunglasses are perched on my head, or that I already fed the dog, it will serve as a reminder that I am no dummy.

Different views

His looks over the sea. Mine looks over my vegetable garden. His is shiny. Mine is cozy. His is all about service and honor. Mine shows a focus on home and family.

We fought to have our own individual spaces, but ironically, both his and hers reflect one basic attribute – dedication to our shared military life.

(For more of Molinari’s insights, visit her website at www.themeatandpotatoesoflife.com.)

ROTC eligible for help with scholarship

STUDY.COM
News Release

Study.com is excited to share a new scholarship it’s offering to college students who are enrolled in Army ROTC.

Study.com wants to recognize students who have the dedication and strength of character necessary to be successful in the competitive ROTC program. The Army ROTC Study.com scholarship gives one lucky student \$500 to help with tuition.

Applying for the scholarship

Students must apply by April 1, 2018, which gives them plenty of time to submit the quick and easy application. We will choose one winner based on their free response submissions.


Eligibility requirements

To participate in the scholarship contest, applicants must meet the following criteria:

- Must be a U.S. citizen or permanent U.S. resident.
- Must be enrolled (or accepted) in an accredited college or university.
- Must be enrolled (or accepted) in the school’s Army ROTC program.

Applications

To submit their application, students should visit this page: http://study.com/pages/Army_ROTCScholarship.html.


Briefs

CONTINUED FROM B-2

Call 655-4227 to register.

25 / Tuesday
ACS Open House — Join the 52nd birthday celebration at SB ACS from 1:30-3:30 p.m. Call 655-4227.

10 Steps to a Federal Job — Walk through the steps to create an effective targeted federal resume, 1-4 p.m., at SB ACS, and successfully manage the application process.

To sign up, call 655-4227.

26 / Wednesday
Play Mornings at ACS — Meet other moms and dads, share information and parenting tips and give your infant/toddler a chance to interact with other children at SB ACS from 10-11 a.m. Call 655-4227.

Aquatic Safety Explorer Program — Learn the fundamentals

of aquatics safety, CPR/AED and first aid, standup paddleboarding and kayak handling at SB Richardson Pool, July 26-30, from 9 a.m.-5 p.m. Class sizes limited to 20 children, 11-14 years old.

Children must be able to swim 25 meters freestyle, 24 elementary strokes without stopping, tread water for two minutes, and retrieve an object from the bottom of the pool – between 7-12 feet. Registration is July 24-25. Call 655-9698.

Soul Food Day — Barbecue ribs, fried chicken and catfish, plus other soulful favorites at FS Hale Ikena. Call 438-1974.

27/ Thursday
FRG Key Contact

Training — Receive training in Key Contact duties, communicating with Family members, dispelling rumors, and handling crisis calls.

Learn about key contacts and how they fit into a successful FRG, 5-7 p.m. at SB, ACS. Call 655-4227.

28/ Friday
Citizenship Workshop

— Held at SB SFAC from 1-2:30 p.m. Determine if you have met the permanent resident requirements of the U.S. immigration law and receive step by step instruction on the process of becoming a U.S. citizen. Call 655-4227.

Back to School Expo — Held at SB Kaena Community Center from noon-3 p.m. Call 655-8326.

Paint and Sip — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice for \$35. Class includes all painting supplies and instruction. Preregistration is required. Call 655-5698.

Parenting 101 — Take your parenting to the next level. Discover current “best practices” and learn tips and tools to assist you in reaching your parenting goals at the SB ACS from noon-1 p.m. Call 655-4227 to register.

Parole in Place/Green Card — Learn how to navigate the complex

community calendar

CONTINUED FROM B-2

16 / Sunday
Royal Hawaiian Band — The band will play at 4 p.m. during the third annual Wahiawa War Memorial Ceremony at Wahiawa District Park. Call 922-5331.

47th Annual ‘Ukulele Festival — Festival will bring together more than 10,000 people including masterful musicians at one of the world’s largest ukulele festivals, 10:30 a.m.-5 p.m., Kapiolani Park. Visit ukulelefestivalhawaii.org.

27th Annual Hawaii All-Collectors’ Show — The show is Hawaii’s oldest annual vintage, collectibles and antiques show and sale. This show features 180 booths, 10:30 a.m.-5 p.m., at Blaisdell Exhibition Hall. Visit ukulele.com.

Duran Duran — Tickets for the iconic band, whose hits include “Hungry Like a Wolf” and

“Rio,” have been added in Honolulu for the 2017 Summer World Tour, 7:30 p.m., Sunday, July 16, at the Blaisdell Arena. Tickets are \$50-\$150 at Ticketmaster.com.

17 / Monday
Pets — Every July, veterinarians from Waianae to Hawaii Kai offer low-cost microchipping of pets for a flat rate of \$10 in partnership with the Hawaiian Humane Society. Visit the Society’s website for a list of clinics and more details at www.hawaiianhumane.org/MicrochipMadness.html.

20 / Thursday
Queen Liliuokalani Keiki Hula Competition — The three-day competition begins Thursday at 6 p.m. at the Neal Blaisdell Arena, 777 Ward Ave. Tickets available at keikihula.org.

Goodwill Goes GLAM! — Blaisdell Exhibition Hall hosts, 7-10 p.m., for \$30. Visit www.higoodwill.org/glam.

22 / Saturday
Camp Smith Grueler 5K — Join the Marines at Camp H.M. Smith for

a challenging, scenic 5K at 7 a.m. The course will start and finish at Bordelon Field, overlooking a scenic view of Pearl Harbor and incorporating a grueling partial trail run. Online registration closes on Tuesday, July 18, at 11 p.m.

Na Mele O Ko Olina — The event hosts some of Hawaii’s best slack key and ‘ukulele musicians, as well as 40 Hawaiian artists who display their artwork for sale. Event is scheduled from 9 a.m.-5 p.m. at the Marriott Ko Olina Beach Club. Call 696-5717.

Bon Dance — Event is at Waianae Hongwanji Mission, 85-762 Old Government Road, at 7 p.m. Visit hongwanjihawaii.com. Call 677-4221.

24 / Monday
Amelia Earhart — Pacific Aviation Museum, Ford Island, hosts a birthday celebration, 11 a.m.-1 p.m. Visitors will enjoy free cake and juice, while exploring the exclusive “Amelia Earhart in Hawaii” photo exhibit. Free with museum admission or membership.

There is power in positive thinking

CHAPLAIN (MAJ.) XIONG YAN
130th Engineer Brigade
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Our modern world is inundated with movies, podcasts and Facebook posts that seem to indicate if we can only just think happy thoughts everything will be better.

For those wrestling with the struggles of this world, this advice falls flat.

There is, however, power in positive thinking that is not just a feel good way to feed our ego. The power in positive thinking is ultimately rooted in what we believe to be true.

In the Christian New Testament, Paul gives us a clear direction in how we can think positively:



Yan

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things” (Philippians 4:8).

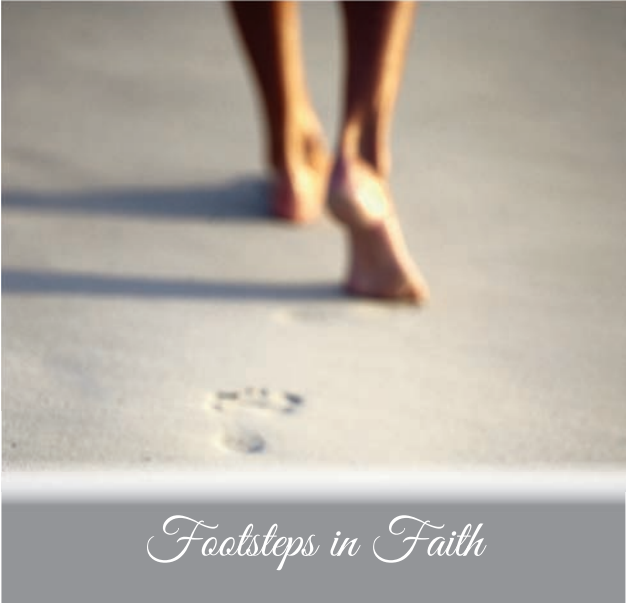
For the Christian, the Bible clearly leads us in the direction of positive thinking in our Christian walk. As believers, we have the power of God to discipline our thinking. It takes effort to train the mind to lean towards hope in the midst of suffering; yet, it’s worth it when the fruit of godliness springs up within your soul.

A positive attitude contributes to success in life more than anything else, according to a Stanford Research Institute study that shows a full 87.5 percent of people’s success can be traced to their positive attitudes, while just 12.5 percent of their success comes from their aptitude, knowledge or skills.

What can you do if your mind is weighed down by negative attitudes that limit your success? You can change your attitudes with God’s help. Here’s how:

•**Understand the power of attitude.** If you allow negative attitudes (such as anxiety, envy, anger, bitterness or pride) to grab hold of your mind, those attitudes will lead you to make negative decisions that will affect your life in negative ways. But if you choose to develop and maintain positive attitudes, your life will become positive as a result.

Even when you encounter the challenges and tragedies of living in a fallen world, you’ll be able to deal with them successfully when you choose to approach life with posi-



tive attitudes. But keep in mind that changing negative attitudes to positive ones isn’t instantaneous; it’s a lifelong process that requires perseverance. Ask God to help you each day.

•**Make a positive difference in the world.** Pray that God will make you a vessel for his love to flow through into the lives of other people. Every day, make the most of the opportunities God gives you to inspire other people to develop positive attitudes, by loving and serving them through both what you say and what you do.



Courtesy photo

Being positive can be beneficial to one’s life.



Additional religious services, children’s programs, educational services and contact information can be found at <https://www.garrison.hawaii.army.mil/rso/USARHAW%20Chapel%20Services.pdf>.

- AMR: Aliamanu Military Reservation Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers’ Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Last Wednesday, 6 p.m. at MPC

Catholic Mass

- Monday-Wednesday, 11:45 a.m. at Soldiers’ Chapel
- Thursday, 11:45 a.m. at AMR
- Wednesday, 5 p.m. at MPC
- Saturday, 5 p.m. at TAMC
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC
 - 11 a.m. at TAMC

Gospel Worship

- Sunday, noon at MPC
- Sunday, 12:30 p.m. at AMR

Islamic

- Friday, 12:30 p.m. at AMR (Call 477-7647)

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH (Call 473-3971)

Protestant Worship

- Sunday Services
 - 9 a.m. at MPC (Contemporary)
 - 9 a.m. at FD
 - 9 a.m. at TAMC
 - 10 a.m. at HMR (Contemporary)
 - 10:30 a.m. at AMR (Contemporary)
 - 11 a.m. at WAAF (Contemporary)

Educational event targets young adults with cystic fibrosis

Story and photo by
LEANNE THOMAS

Tripler Army Medical Center Public Affairs

HONOLULU — Tripler Army Medical Center hosted the sixth annual Hawaii Cystic Fibrosis Education Day at the Hale Koa Hotel, recently.

The event, aimed at educating Tripler’s cystic fibrosis families, brought the community together with integral members of the cystic fibrosis care team.

In past years, care teams focused predominantly on providing education to the parents of children diagnosed with cystic fibrosis. This year, the Education Day conveyed awareness to new populations – adolescents and adults living with cystic fibrosis.

“In 2014, cystic fibrosis transitioned from a primarily pediatric disease to an adult disease because of an incredible amount of (medical) advances over the past few years,” said Dr. Christine Gould, pediatric pulmonologist and director of the Cystic Fibrosis Center at TAMC. “Better care and interventions have resulted in improvements to lung health.”

According to the cystic fibrosis patient registry, in 2014, over 650 people with the disease were between the ages of 18-24 and transitioned their care to an adult program.

“The future is brighter than ever for people living with cystic fibrosis,” Gould said. “More than 50 percent of cystic fibrosis patients are 18 years or older, 69 percent are in school or working, more



Dr. Christine Gould (left), pediatric pulmonologist and director of the TAMC Cystic Fibrosis Center at TAMC, Dr. Jeanne Hoffman (center), TAMC clinical pediatric psychologist, and Dr. Anthony Recupero, TAMC pediatric endocrinologist, draw awareness to adolescents with cystic fibrosis who are transitioning to adulthood, at the 2017 Hawaii Cystic Fibrosis Family Education Day hosted by the Cystic Fibrosis Center.

than 40 percent are married or living with a partner and the median survival age for patients living with cystic fibrosis is 42 years.”

As cystic fibrosis mortality rates change with improvements to care, gaps in transfer and transition-related clinical care have been studied and identified. Alongside cystic fibrosis experts across the country, TAMC facilitates a shared understanding that more may need to be done to assist with the transition to adulthood.

Recognizing that not all cystic fibrosis patients are children, Tripler added a new member to the cystic fibrosis team, Dr. Jordanna Hostler. She specializes in adult pulmonary, critical care and sleep medicine, and offers a refined approach to delivering health care to the young

adults living with cystic fibrosis at TAMC.

Dr. Anthony Recupero, a pediatric endocrinologist at TAMC, delivered a presentation regarding puberty and fertility in cystic fibrosis patients.

“With good nutrition, normal growth spurts occur, which support normal developments in puberty,” he said.

To further draw awareness, an adult cystic fibrosis patient and his parents shared their personal story to inspire other families.

With TAMC currently the only accredited cystic fibrosis center in the Hawaii, the symposium also served as an opportunity to share developments within the community by collaborating with pediatric pulmonologists from Kapiolani Medical Center.

“With the majority of cystic fibrosis patients now being over the age of 18, empowering our patients to manage their condition and readying them for a healthy future is of utmost importance,” said Gould.

More Online

For more details about cystic fibrosis, visit the Cystic Fibrosis Foundation website at www.cff.org.



Awareness reduces heat illness vulnerability

DR. GRACE CHEN, MD, FACEP
Tripler Army Medical Center

HONOLULU — We are well into the summer, and many will be outdoors spending time at swimming, hiking and camping as they try to make the most out of the long days and great weather. However, with these long days and great weather comes the possibility of heat illnesses.

Heat illnesses include prickly heat, heat edema, heat cramps, heat exhaustion and heat syncope. The Army had a total of 5,246 cases of heat illnesses (37 resulting in death) from 1980-2002. Heat exhaustion or heat syncope accounted for the majority cases, followed by heat stroke and heat cramps.

New recruits are especially vulnerable, with most of the heat illnesses occurring within the first 12 months of service.

Prickly heat is a rash caused by exposure to heat. You can try to wear sweat-wicking fabrics and use baby powder or other substances to decrease irritation to your skin in the heat.

Heat edema is swelling of the hands and feet in warm weather. This can be treated by elevating your hands and feet and compression stockings.

Heat cramps are severe leg cramps seen after stopping strenuous exercise. This can be treated with fluid replacement, like drinking water.

Heat exhaustion and heat stroke are by far the most concerning of the heat illnesses. With heat exhaustion, the patient will have an increased pulse, weakness, nausea, vomiting and a lot of sweating,



Photo by Timothy Hale, U.S. Army Reserve Command

FORT MCCOY, Wisconsin — Spc. Logan Romine, a 35F/intelligence analyst with HHC, 86th Training Division, stops on the roadside during the 10km ruck march event at an U.S. Army Reserve Best Warrior Competition at Fort McCoy in 2012. Performing rigorous training in hot weather requires extra safety caution, including hydration.

but patients with heat stroke can have damage to their organs.

What to do
With these severe heat illnesses, it is required that the patient be removed from the heat – placing the patient in the shade – with cooling. In the field, this may include undressing the patient of excess clothing and placing ice packs to the axilla and groin area. A fan works well, as

does immersion in ice or cold water if it is available.

The patient should be supervised while doing this to prevent drowning. If these methods are not available, cool towels may help.

Try to encourage oral hydration if possible. Also, IV hydration is also helpful if it is available in the field.


Avoid giving the patient any medications that decrease fever, such as Tylenol

or Motrin, as this does not work for heat illness. All these patients need to be transported to the hospital.

The best thing to do is to avoid heat illness altogether, as follows:

- Keep properly hydrated.**
 - Bring sunscreen** as a sunburn can cause impaired sweating, which is a risk factor for heat accumulation.
 - Keep in shape** as there is an increased risk of heat injury among obese or overweight people.
 - Avoid alcohol** as it is a diuretic that will make you more susceptible to heat illness.
 - Avoid drugs** that increase risk for heat illness, including amphetamines, antihistamines (such as Benadryl), cocaine, diuretics (caffeine is a diuretic) and laxatives.
 - Train to maintain a good level of fitness** because those who have better cardiovascular fitness tolerate more activity in heat-strained conditions and acclimatize more rapidly.
 - Dress appropriately** for the heat as excess clothing can prevent heat exchange.
 - Avoid high exertion** activities in exposed or hot areas.
 - Avoid dietary supplements** as they could contain substances that increase your risk for heat illness.
 - Get a good night’s sleep** before you expose yourself to exercising in the heat.
- Please enjoy yourself this summer and be safe!
- (Editor’s note: Chen works in the Emergency Department.)*

TAMC TIP All must swim safely w/caution

Swimming is a fun, active and healthy way to spend leisure time. Take a few minutes to keep health and safety in mind to help prevent illness and injury.

- Ask a buddy to join you when swimming, so you don’t swim alone.
- Choose swimming sites that have lifeguards.
- Avoid drinking alcohol before and during swimming.
- Don’t swallow pool water.
- Don’t swim when you have diarrhea. Germs can spread in the water and make other people

sick.

- Take a shower and wash your child before swimming.
- Take your kid on bathroom breaks every 60 minutes, or check diapers every 30-60 minutes.
- Change diapers in a bathroom or a diaper-changing area and not at poolside. Germs can spread in and around the pool.
- Wash your hands after using the toilet or changing diapers before getting in the pool.
- Watch children in and around water at all times.
- Make sure to keep your ears as dry as possible to help prevent swimmer’s ear.



Courtesy photo

Declare your independence from tobacco

TRICARE
News Release

As we have celebrated our independence as a nation, now we want you to declare your independence from tobacco.

Instead of smoking, vaping or chewing, we encourage you to spend the days ahead working on your fitness and spending time with your family.

Research studies prove that tobacco use is a threat to the development of our social, physical and environmental surroundings.

The leading cause of preventable death and disease in the United States, the CDC estimates that cigarette smoking and secondhand smoke cause 480,000 deaths each year. That's 20 percent of all deaths. It also causes health care costs of more than \$300 billion each year in smoking-related illness.

Take back your freedom. Declare independence from tobacco.



Courtesy graphic

Tobacco is the leading cause of preventable disease in the U.S.

More Online

You can find tips, articles and tools to help you get started, here:

- <https://tricare.mil/ucanquit2>.



Spc. Kayla Sutton uses specialized hygiene instruments to remove plaque from her patient's teeth.

Healthy teeth begins with oral hygiene

Story and photo by
CAPT. EMILY A. BRAGG, DMD
Na Koa Dental Clinic

SCHOFIELD BARRACKS — Your oral hygiene routine is important in maintaining your oral health, preventing disease and having a beautiful healthy smile, free of bad breath.

The daily demands of military life can limit your ability to make time for your oral hygiene, but even in difficult environments, such as field training or deployments, it is imperative that you continue to brush and floss.

Lack of proper oral hygiene and good nutrition may lead to gum disease, cavities, sensitivity, pain or even tooth loss. The film that accumulates on your teeth is called plaque, which contains bacteria. This bacteria, along with sugars and carbohydrates, can deposit acid on the tooth and break down tooth structure to cause cavities.

Tartar or calculus is plaque that has hardened over time and can only be removed by a dental professional. Plaque and tartar may also irritate the tissues supporting your teeth, leading

to gum disease. The objective of oral hygiene is removal of plaque, food debris and tartar.

How to brush

The American Dental Association recommends that you brush twice a day with a soft-bristle toothbrush for at least two minutes, using toothpaste that contains fluoride. Your toothbrush can be manual or electronic, and should be placed at a 45-degree angle to your gum line.

Move the toothbrush back and forth with gentle strokes, reaching every surface of each tooth, including the outer, inner and chewing surfaces. After brushing is finished, the teeth should feel smooth and glossy. If the teeth feel fuzzy to the tongue, you may have missed plaque.

How to floss

Flossing is especially important in removing plaque and food debris between teeth and below the gums that brushing alone may have missed, or where the bristles cannot reach.

The proper way to floss is to break off about 18 inches, or a forearm's length, of floss and wrap each end around the middle fingers of both hands. Gently glide the floss between your teeth, cupping the surface of one tooth and move in a scrubbing motion.

Next, cup the surface of the adjacent tooth and do the same. The goal is to remove debris and plaque, so quickly snapping the floss through is not enough. Bleeding is common, especially if you have not flossed recently, but with dedicated and continued flossing, the bleeding should subside.

Our mission is to provide responsive and reliable oral and dental health services to sustain the readiness of the Force.

Point of Contact

If you are active duty and would like to speak to a dental professional or schedule to your annual exam, please call the dental appointment hotline at 433-6825.

School: New campus blends a team effort

CONTINUED FROM B-1

a student support center, computer lab, video production room, covered play area, cafeteria and administrative support offices. The plans also include new pickup and drop-off areas and about 170 parking stalls.

Students will attend school at the current campus while the new one is being built. The construction will take place in four phases that will culminate in the razing of the current school to create a new play area. Officials expect students to begin using the new classrooms in the fall of 2019 and construction to be completed by the summer of 2021.

A solid foundation

U.S. Sen. Brian Schatz said the groundbreaking is the foundation of a strong future for Hawaii’s military children.

“Everyone here remembers their elementary school, the teachers we had, the friends we made, the things that we learned,” he said. “They become the foundation for the rest of your life, and so it’s really important that every student in Hawaii have a strong foundation that they can build a future with.

“This means engaging teachers, a supportive community, access to technology and a strong curriculum. And in 2017 it also means having a 21st century facility,” he continued. “That is what today is all about – investing in this new structure, this new campus. We’re investing in all of these kids.”

He said he and the rest of Hawaii’s congressional delegation would continue to work to secure funding for other military schools in the state that are in need of improvements.

Commitment to families

U.S. Rep. Colleen Hanabusa said the new school demonstrates the commitment Congress has to supporting the families of U.S. service members.

“It was (in) 2011 (that) Congress said, ‘Look, we all say we are invested in the military, the men and women in uniform who serve us, but it’s the families that are the backbone; it’s the wives and husbands and children that take the brunt of the burden, the brunt of the sacrifice,’” she said, explaining that Congress then created a list of schools that serve the military to determine which ones would qualify for federal grants to fund improvements.

Solomon Elementary School ranked 28th on the list of more than 100 schools. Originally built in 1969, it serves more than 900 students a year.

It is one of two schools on Schofield Barracks. The other school, Daniel K. Inouye Elementary School, had ranked ninth on the list of military schools most in need of physical improvements. It received an approximately \$27 million grant from the Office of Economic Adjustment with approximately \$7 million in matching funds from the HIDOE, and renovations there were completed in 2016.

“The military is part of us; they have been a part of our community for a long time,” Hanabusa said. “We are going to make sure they have the best environment so that when their parents are off serving us and ensuring our freedoms, they don’t have to worry that their kids are in less than perfect situations. They will know their kids are getting the best education the state of Hawaii can offer them.”



Photo by Karen A. Iwamoto, Oahu Publications

Solomon Elementary School Principal Sally Omalza recounts the school’s history at the July 6 groundbreaking ceremony for its new campus.

School History

Solomon Elementary School is named for 1st Sgt. Samuel K. Solomon, who was from Kohala on the Big Island of Hawaii. A Soldier in the 25th Infantry Division’s 1st Battalion, 27th Infantry Regiment (Wolfhounds), he earned the Silver Star, the Bronze Star and the Purple Heart for the courage he demonstrated during the Vietnam War.

He was shot and killed in action while carrying wounded Soldiers to safety on Nov. 3, 1966, in Dau Tieng, Vietnam.

The school was officially designated in his name on Veterans Day, Nov. 11, 1969.



Photo courtesy of Solomon Elementary School